

# THE **SUNKEN ANCHOR**

2 November 2016

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### **Community Connections**

### **U3A Rug Hooking Project**

By Dawn Hollins

When the Surf Club kindly offered the University of the Third Age (U<sub>3</sub>A Bermagui & District) the use of the club for classes in 2013 we were delighted to accept. However, after attending several sessions marred by poor acoustics the delight at the superb facilities was overtaken by frustration. In our first large function, a Health and Well-Being Forum in February 2014, I organised an exhibition of quilts at the same time. The effect on the echoing sound was immediate and transformative.

Obviously what was needed was a permanent hanging of some kind. I knew a local rug hooker and asked her to teach us the craft if the Surf Club agreed to the project. The club committee accepted our proposal and specified the design (a panorama from Bermaqui Harbour to Horseshoe Bay featuring the club building, flags and lifesavers) and the space for the panels to hang.

Well-known U<sub>3</sub>A teacher and artist Rona Walker offered to do the drawing and in June 2014 the project was advertised in the U3A

Newsletter. Over twenty women signed up to learn rug hooking and work on this challenging community arts undertaking. For the rest of the year we practised on our own small projects and assembled materials and equipment.

In February 2015 we began on the 1 m x 1.4 m hessian panels. Rug hooking is a slow process and we thought it would take years before the panels were on the wall. Stretch fabrics and recycled clothing from op shops had to be sliced into strips. Our group divided into 'hookers' and 'strippers' and some left the area or the group so that in 2016 there were eleven regulars meeting at the Surf Club each Friday afternoon. Some took panels home to work on.

Progress was steady and encouraging, and the last panel was finished in September, nineteen months after the start of the project.

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#### Bronze Medallion Underway

The spring 2016 combined Bronze Medallion & Surf Rescue Certificate course is sold out See Page 3



### Nippers Up and Running

Nippers started last Sunday with a great turnout for the first day of the season.

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### **Nippers Notes**

### Nippers Up and Running

We had a great turnout of over 45 Nippers for the first session of the season last Sunday. The turnout was particularly impressive given the wild surf and weather. The Nippers coordinators did a great job of adjusting the program on the fly and a great time was had by all.

A special thank you goes to Christina Potts and Rosie Chapman who have done a fantastic job of leading the new Nippers Coordinator group. If you see them on the beach this weekend please give them a big thank you and please feel free to jump in and help them out on Nippers Sundays as they also spend a lot of time planning during the week and would appreciate the extra hands.

### Nipper Parent Jobs for Sunday

New this season we're asking Nippers parents to take responsibility for helping with setup and clean up of the beach. There's a schedule so the workload is split fairly. For this Sunday, 6th November:

Parents of Under 8's and 9's
Get boards out onto beach at start

Parents of Under 10's and 11's
Rinse and put boards away at end

Parents of Under 6's and 7's and Parents of Under 12's and 13's

Wash down other equipment, including buddy caps and flags.



Final orders for Bermagui SLSC Hooded Towels will be taken this Sunday or via email before Sunday at <u>bermisurfclub@gmail.com</u>.

Small (5-8 years old) 50cm W x 80cm L \$46.00

Medium (Tall 8 – small adult) 70cm W x 100cm L \$50.50

Large (Teen – large adult) 90cm W x 120cm L \$55.00



### THE SUNKEN ANCHOR QUIZ

- What are the four herbs in the traditional ballad Scarborough Fair?
- 2. Osiris was a god of which civilisation?
- 3. What is the common name for intestines in the human body?
- 4. Which American TV drama was set on Wisteria Lane?
- 5. What colour is the cartoon character Huckleberry Hound?
- 6. Which dance would you associate with a feather step?
- 7. What is the currency of Timor-Leste?
- 8. Which 1964 musical was Julie Andrews' first film role?
- 9. Beatle George Harrison played which two instruments on Norwegian Wood?
- 10. What supermarket chain was founded in Collingwood, Melbourne, in 1914?

### Community Connections cont.

A launch party will be held in the club on Thursday 15 December at 5pm when the entire panorama will be revealed. It was designed to be beautiful and fun as well as to improve the acoustics. We hope that you enjoy it for years to come.

There will be a plaque on the wall which reads:

"A Community Arts Project of U3A Bermagui & District Rug Hooking Group 2015 -2016.





Project leader: Dawn Hollins Artist: Rona Walker Teacher: Lindsay Potter

Contributors: Irene Berry, Carole Broadhead, Kathy Canning, Sheila Cleburne, Rachel Colombo, Norma Gowing, Dawn Hollins, Rosemary Knight, Janet McCartney, Barbara McLean, Lindsay Potter, Norma Simpson, Ruth Sunderland, Vicki Tacheci, Lyn Van Kampen, Anja Wetering, Caroline Wilkes, Rhondda Williams."

#### AROUND THE CLUB

### **Bronze Proficiency**

Bronze Proficiency is being held for all active patrollers on the following dates:

Sunday, 6th November Sunday, 20th November

The sessions will be held from 8:30 to 10:30am with indoors skills first followed by the Run-Swim-Run and rescue.

If you're able to stay afterwards and help with Nippers water safety the extra hands would be much appreciated as we're running our Bronze course those days as well.

Please email <u>bermisurfclub@gmail.com</u> to confirm the date you'd prefer to attend so we can make sure we have enough assessors on hand.

### Congratulations Sue Hunt

Congratulations to Sue Hunt who, after winning the Surf Life Saving NSW Volunteer of the Year Award, was a finalist for the Surf Life Saving Australia DHL Volunteer of the Year Award at the recently held national Awards of Excellence.



In her role as Director of Administration for Far South Coast Branch, Sue has been a great supporter of Bermagui SLSC over the years. We are grateful for all the time and effort she puts in on behalf of our club and congratulate Sue on the national recognition, it's truly deserved.

### Bronze Medallion Underway



The Spring 2016 combined Bronze Medallion and Surf Rescue Certificate course got underway last Thursday night.

The sold out group of 18 participants were welcomed to the course by Life Member and past Club President, Paul Morgan.

They weathered some pretty tough conditions for their first beach session last Sunday with a howling nor'easter and a nasty wind swell to deal with but they aced their first run-swim-run and tube rescues.

They'll be training every Thursday evening and Sunday morning until 20<sup>th</sup> November so come on down between 9:30 am and noon on Sundays to give them some encouragement and welcome them to the team.

### Junior Carnival in Bermagui

The first Far South Coast Branch junior carnival for the season will be held in Bermagui this year.

The carnival will be on Sunday, 27<sup>th</sup>
November, and will be run by Far South Coast
Branch. We're grateful for Branch support in
taking the lead on this one but we'd still love
to have as many people on hand as possible
to lend a hand and learn the ropes so we can
take on carnivals ourselves in the future.

If you're able to lend a hand on 27<sup>th</sup>
November, even for a couple of hours, please email us at bermisurfclub@gmail.com.

a. Florence. a. The Rolling Stones. 3. Queensland. 4. Dark Energy. 5. Alain Prost. 6. Antarctica. 7. i and j (the dots). 8. Hello. 9. Killer Whale. 10. Adam Voges.

Quiz Answers (Last Week)

#### Surf Rescue Wetsuits Available

New Surf Rescue wetsuits are available for anyone with a Bronze Medallion or higher award. SLSNSW is putting in a bulk order to get lower pricing so they're available at a one-time price of \$90 plus GST. Orders have to be placed by this Friday, 5th November so please email us at bermisurfclub@gmail.com asap to let us know you're interested and to get more details on sizing.



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To submit information and/or photos for an upcoming newsletter email Cheryl at bermisurfclub@gmail.com

1. Parsley, sage, rosemary and thyme. 2. Ancient Egypt. 3. Bowels. 4. Desperate Housewives. 5. Blue. 6. Foxtrot. 7. US Dollar. 8. Mary Poppins. 9. Guitar and sitar. 10. Coles.

Quiz Answers (This Week)